



Briefings

Fall 2007 volume 2

SUTTON PLACE BEHAVIORAL HEALTH WINS NATIONAL RECOGNITION

The Substance Abuse and Mental Health Services Administration (SAMHSA), a public health agency within the U.S. Department of Health and Human Services, has selected 20 organizations nationwide to receive the agency’s inaugural Science and Service Awards. These awards recognize exemplary implementation of evidence-based interventions to prevent and treat mental illnesses and substance abuse. Sutton Place Behavioral Health in Nassau County, Florida won for their science based “Project Success” program which they implemented in Nassau County middle and high schools in 2006. The program continues today.



The new annual awards program provides recognition to public sector organizations and community-based groups and coalitions that have worked to improve their communities and the lives of individuals by providing the best services possible. Sutton Place was the only winner in the State of Florida.

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R P MacPherson, PhD, CAP, CAPP, CCP, CDVC, DAC, ICADC
 FCB Provider 133A
 P. O. Box 1921
 Sanford, FL 32772-1921

Call 407-923-5583 or e-mail drruss@bellsouth.net
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Our Mission

“Protecting the health, safety, and welfare of the citizens of Florida by regulating our certified professionals through education and compliance.”

Sutton Place, from Page 1

Project Success' goal is to prevent and reduce substance abuse among high risk, multi-problem middle and high school aged students.

The program provides a full-time counselor who conducts prevention/education discussions in the classroom. In addition, resistance and social competency skills, communication, decision making, stress management and anger management skill are taught.

The program aims to identify personal, familial and social factors that interfere with a student's pursuit of their educational and personal goals and provide resources to help them either overcome or better cope with these obstacles.

“The success that these organizations have demonstrated and the positive impact that they've had on individuals and families is visible proof of the importance and direct benefit of using the latest strategies to prevent and treat mental illnesses and substance abuse in our communities,” said SAMHSA Administrator Terry Cline, Ph.D.

“This recognition demonstrates that even a small agency in a rural county can implement a world class program when that agency is blessed with a wonderfully talented staff that is dedicated to improving the lives of the people they serve.” said Ed Dews, CEO of Sutton Place. “We appreciate the superb cooperation of the Nassau County School Board and the collaboration of the staff at the middle and high schools county wide that continue to support this program.”

Four awardees were chosen in each of five categories: substance abuse prevention; treatment of substance abuse and recovery support services; mental health promotion; treatment of mental illness and recovery support services; and co-occurring disorders. To be eligible for an award, an organization had to demonstrate successful implementation of a recognized evidence-based intervention, including interventions that have been published in scientific literature and/or appear on a federal or state registry. Sutton Place will receive its award in Washington D.C. in February 2008.

Faith, Compassion and Recovery Support

By Jean LaCour, PhD, CAPP, Florida Access to Recovery

Paradigm Shift

A paradigm shift has taken place in the addictions field that is changing the perception of addiction from an acute health crisis such as appendicitis, to a chronic disorder like diabetes that requires various levels of long-term care and support. This new paradigm defines treatment as an event

within the larger long term process of recovery.

The goal of treatment is typically stabilization and the absence of symptoms of a clinically defined substance use disorder commonly called addiction.

See Faith, Page 5

Crossroads Training Center

1129 Royal Palm Beach Blvd ▪ Royal Palm Beach, FL 33411 ▪ Ph 1 888 301 2680 ▪ Fax 561 798 8837

www.crossroadstrainingcenter.com

FINANCIAL GRANTS FOR INDIVIDUALS SEEKING ADDICTION, PREVENTION OR CRIMINAL JUSTICE CERTIFICATION TRAINING

As Director of Crossroads Training Center (FCB Provider # 5054 and NAADAC Provider # 517), I am pleased to announce the availability of over **\$300,000** in first year funds (FY 2008) to support aspiring individuals pursuing Certification Training.

If you are interested in advancing your career in Substance Abuse Counseling and have a desire to enroll in a program, please download an application by visiting our web site at www.crossroadstrainingcenter.com. Applicants are strongly encouraged to submit their applications to Crossroads via the website or mail early enough to resolve any unanticipated difficulties prior to the deadline.

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SASSI Training Dates

Feb 29	West Palm	Courtyard Marriott	561 640 9000
Apr 4	Miami	Courtyard Marriott	305 642 8200
Jun 6	Orlando	Comfort Suites	407 363 1967
Aug 1	Tampa	Courtyard Marriott	813 874 0555
Oct 20	Pensacola	Courtyard Marriott	850 857 7744
Nov 17	Jacksonville	Courtyard Marriott	912 741 1122

ADVANCE SASSI TRAINING (One training per year)

July 14 West Palm Courtyard Marriott 561 640 9000

Addiction Severity Index (ASI)

Apr 25	West Palm	Courtyard Marriott	561 640 9000
Jun 27	Miami	Courtyard Marriott	305 642 8200
Aug 15	Orlando	Courtyard Marriott	813 874 0555

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FCB Staff

Neal A. McGarry
Executive Director

namcgarry@flcertificationboard.org

Amy Peloquin
Director of Certification

apeloquin@flcertificationboard.org

Carla Barrow
Finance Manager

cbarrow@flcertificationboard.org

Marion Brathwaite
Receptionist

mbrathwaite@flcertificationboard.org

Jessica Darling
Special Projects Coordinator

jdarling@flcertificationboard.org

Rebecca Dees
Sr. Certification Specialist

rdees@flcertificationboard.org

Jordan Head
Certification Specialist

jhead@flcertificationboard.org

Jennifer Nixon
Certification Specialist II

nixon@flcertificationboard.org

Adrian Peterson
Administrative Specialist

apeterson@flcertificationboard.org

Tonya Randolph
Certification Specialist II

trandolph@flcertificationboard.org

Pam Waters
Director Southern Coast ATTC

pwaters@scattc.org

Gail Dixon
Director Center for Prevention
Workforce Development

gdixon@flcertificationboard.org

Michelle Barfield
JEHT Project Manager

mbarfield@flcertificationboard.org

La'Shanda Farmer
Admin. Support Specialist

lfarmer@flcertificationboard.org

Jim Knorp
Project Manager Southern Coast
ATTC

jknorp@scattc.org

Jill McGarry
Administrative Assistant

jmcgarry@flcertificationboard.org

Judy Micale
Project Manager Southern Coast
ATTC

jmicale@scattc.org

Faith, from Page 3

The goal of recovery is holistic health which comes about over time, happens out in the community and involves many types of Recovery Support Services provided by many types of groups. Addiction professionals refer to the services needed to impact substance abuse as a “continuum of care.” Four major areas are included: Prevention, Detoxification, Treatment and the newly designated category of “Recovery Support Services” (RSS) which includes a broader range of services referred to as “Aftercare”.

Clinical treatment is often understood as a system of professional addiction protocols and practices that mirror the medical and mental health fields. These practices were developed to address the unique needs of addicted persons seeking help.

Components of treatment typically include: intake; clinical assessment; treatment plans; medical detoxification; behavioral therapy such as counseling, cognitive therapy, or psychotherapy; medication as needed; and clinical case management and referral to medical, psychological and social services. Clinical Treatment often includes Evidence Based Practices (EVPs) based on research that are delivered in various settings such as inpatient and outpatient services.

Recovery Support Services are designed to 1) support people during treatment; 2) help people begin and/or sustain recovery from alcohol and drug abuse and 2) deal with related problems by providing support

services. RSS are often low-cost or free, such as peer-support groups, recovery mentors, recovery check-ups, etc.

Need for Expanded Services

State and national government agencies dealing with substance abuse and mental health are exploring ways to promote the expansion of RSS. The Center for Substance Abuse Treatment (CSAT) reports that 23.6 million Americans need treatment services. Only 2.5 million people receive treatment. The resulting “gap” is 21.1 million people struggling with addiction issues who often come in contact with community or faith based organizations that can point the way to recovery. Effective public health strategies take a variety of informed community resources.

Faith Based Contributions

Many churches, synagogues, mosques and other faith-based organizations (FBO's) have traditionally been involved with activities that provide for the physical and social support of people in need or in crisis. These services have been called by various names such as mercy or rescue missions, relief, outreach, benevolence or compassion ministries.

Proper assessment reveals that a great majority of people receiving benevolence or faith based social services are affected by substance abuse and its host of negative effects: hopelessness, family breakdown, domestic violence, crime, probation, underemployment, poverty, mental

illness, homelessness, academic failure, etc. People rebuilding lives devastated by addiction often need empathetic caring services that attend to distressing life circumstances. They are now being valued specifically as “Recovery Support Services”.

In Florida, FBO’s provide approximately 1,500 to 2,000 recovery beds in a variety of independent programs with little or no name recognition or government funding. Federal and state governments typically do not define “faith based” but allow an organization or individual to self identify.

One distinction of FBO’s pertains to the motive for providing services, which may be stated as personal religious commitment, denominational mandate, spiritual calling, and/or social justice issues. Another distinction is the method of providing services, which may or may not include religious and/or spiritual materials and activities such as prayer, meditation, religious studies, worship, etc. Some FBO’s with historic religious roots or names may have adopted strict clinical protocols that now make them indistinguishable from secular agencies. Florida has FBO’s that provide clinical treatment. Many are individuals licensed under FS 491 as a LMHC, LCSW or LMFT who run their own agencies that integrate faith based methods.

Historically, FBO’s have a long tradition of providing direct services to addicted people and their families. Recognized organizations include the Salvation Army, founded in 1880, which operates Adult Rehabilitation Centers (ARC) to address recovery from substance abuse. Florida has six ARC’s which serve 6,000-7,500 people annually along with other Salvation Army centers that care for significant numbers of people with substance use or co-occurring problems within their general client populations.

Today, 295 Rescue Missions in North America serve the poor with 13 million lodging nights every year and 19,000 people graduate from rescue mission drug rehabilitation programs annually! Florida has

ten affiliated missions. The Association of Gospel Rescue Missions has launched a DETC accredited online Bachelors degree program in faith based addiction counseling created by the NET Training Institute located in Orlando.

Teen Challenge, which began in 1961, has 170 long-term residential recovery programs currently serving 10,197 people. They report 964,432 units of service in outreach programs in jails and prisons, in addition to prevention efforts in schools and churches.

Since the late 1980’s, more FBO’s are sponsoring support group programs like Alcoholics Victorious, Turning Point and Overcomers. “Celebrate Recovery” groups are offered in 3,500 churches each week in the US. This indicates a commitment of time and staffing that goes far beyond providing space in the “basement” for traditional 12 step programs like Alcoholics Anonymous. The Johnson Institute co-sponsors “Faith Partners” which mobilizes recovering people for service within their own congregations.

Recovering people now have more options than ever before to explore and reconnect with their religious roots and pursue their own spiritual journey and personal growth. “So Help Me God” was the most popular event ever presented by the National Center on Addictions at Columbia University in New York City (CASA). The WHO measures six domains of recovery: physical, psychological, independence, social, environmental and spiritual (Betty Ford Institute Recovery Consensus Panel, 2007). The restoring power of spirituality in recovery is well documented across faith traditions.

Access To Recovery: Outcomes and RSS

In 2004, a federal program called “Access to Recovery” (ATR) provided unprecedented opportunities for faith based organizations across the nation to partner with their state governments and other community agencies to provide a range

of Recovery Support Services. Clinical assessment defined levels of client care. Genuine, free and independent consumer choice was ensured through the use of a voucher for clinical treatment and/or recovery support services offered through state recognized provider networks.

Florida was among the first of 14 states to receive ATR funding. Part of Florida's success was based on a workgroup and collaboration between several strong FBO's and the Florida Alcohol and Drug Abuse Association (FADAA), the Southern Coast Addiction Technology Transfer Center (SCATTC) and the Florida Certification Board (FCB). The Florida Department of Children and Families Substance Abuse Program Office provided notable leadership in implementing this unconventional program. Accomplishments include:

- More than 12,600 clients served, many of whom had no previous service contacts;
- 280 providers participated in 21 counties;
- \$18 million spent on services from 2004 through 2007;
- Development and use of client choice via vouchers;
- Significant reductions in wait times for services;
- Action steps to launch a new FCB credential in 2008 called "Recovery Support Specialist".

National Outcome Measures, or NOMS, were used to track the progress of ATR clients in seven "Domains". The domains were: abstinence, social connectedness, family and living conditions, employment and education, criminal justice involvement, access to and retention in needed programs and services.

Positive outcomes in these domains required states to organize effective RSS. Technical assistance helped ATR providers to focus their services, utilize an online voucher system, incorporate documentation and adhere to HIPPA regulations.

Through ATR's voucher program, Florida offered

the following Recovery Support Services: Transitional Living Facilities, Support Groups, Support Counseling, Family Support/Parenting, Supportive Housing/ Living Services, Employment Coaching, Alcohol/Drug Testing (Urinalysis), Recovery Coaching, Recovery Support Services/ Care Coordination, Transportation, Daycare, and Incidental Expenses.

The following RSS definitions from CSAT proved useful to Florida's providers as they were organizing their services with the ATR framework: Emotional Support (demonstrations of empathy, care, and concern); Informational Support (assistance with knowledge, information, and skills); Instrumental Support (concrete assistance in helping others fulfill vital needs); and Companion Support (feeling connected to others; having an affiliation or identity with a social group or community).

When clinical treatment, the faith community, and government work together, people have more options for recovery/change and more families receive care. Types of services and ministries increase as creative resources and human potential are tapped through new partnerships and collaborations.

Across the nation, there is a growing synergy between clinical treatment and recovery support services that are grounded in a strength-based approach that focuses on wellness and full reengagement with the community. These services build on capacities that already exist within communities and involve many supportive people motivated to serve over an extended period of time.

Building on a long tradition of service to addicted people and their families, faith based individuals and organizations are finding new ways to work within the continuum of care. Hope is increasing thanks to a new definition of practical care and a powerful paradigm shift whose time has come.

ETHICS VIOLATIONS

Julie Musgrave Berger, CAC #456A, Orlando, FL, voluntary surrender of credential for violation of Rules 2.1 and 2.2 of the Florida Certification Board's Code of Ethics.

IC&RC Makes Significant Changes to the CPM Process by Amy Peloquin, Director of Certification

The FCB is a member of the International Certification and Reciprocity Commission (IC&RC), which establishes reciprocity for addiction professionals in 43 states, 17 countries, and the 4 branches of the United States armed forces (Army, Navy, Air Force, and Marines). All of Florida's Certified Addiction Professionals (CAP's) are certified at the reciprocal level, as well as Certified Addiction Counselors (CAC's) who would like reciprocity. In order to earn the IC&RC designation, applicants must take and pass both the IC&RC written and oral examinations. The FCB offers the written exam four (4) times a year and the oral exam is administered three times each year.

During its Fall 2007 meeting, the IC&RC voted to phase out the oral exam (aka Case Presentation Method). The IC&RC will not be replacing the current oral exam with a new instrument: they are developing a new written exam that will test competencies currently covered by the written and the oral exams. The new exam is expected to be implemented in June 2008.

The FCB is very concerned about addressing the needs of those individuals who have taken and passed the IC&RC written exam, yet have not taken and passed the oral exam. If you are in this category, it is very important to understand that the FCB will only be administering the oral exam two more times: in March 8, 2008 and July 11, 2008..

After the July 2008 examination administration, there will be no other opportunities to take the oral exam and all applicants must take and pass the new IC&RC written exam. No credit will be given for applicants who have passed the current written exam: the full exam will have to be taken and passed by all applicants.

FCB will be working closely with affected applicants as this transition occurs. Please visit our website for the most current information regarding the IC&RC credentials and, if you have any questions or concerns, please do not hesitate to contact us at 850-222-6314 and ask to speak with a certification specialist.

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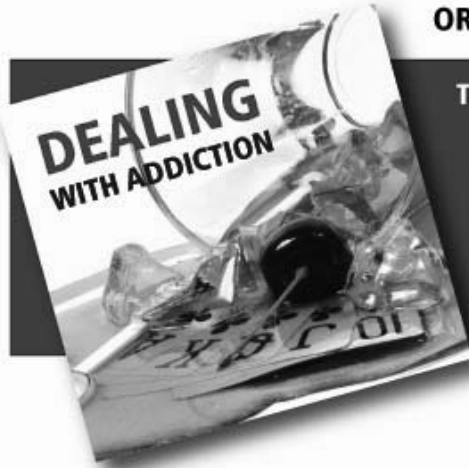


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Contact FCB

Address

Florida Certification Board
1715 South Gadsden Street
Tallahassee, Florida 32301

Office Hours

Monday through Friday
8:00 a.m. to 5:00 p.m.

Fax

(850) 222-6247

E-mail

admin_assist@
flcertificationboard.org

Web Site

www.flcertificationboard.org

FCB 2008 Testing Schedule

The following schedule provides registration and administration dates for the tests offered by the FCB for the 2008 calendar year. Please pay particular attention to the registration cut-off dates: seats can not be guaranteed for requests placed after the published cut-off date. To register for a test, please contact your assigned certification specialist at 850-222-6314.

Exam: Florida Specific		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
January 26, 2008	Tallahassee	December 21, 2007
March 15, 2008	Tallahassee; Orlando; Ft. Lauderdale	February 15, 2008
June 14, 2008	Tallahassee; Tampa; Ft. Lauderdale	May 14, 2008
September 13, 2008	Tallahassee; Tampa; Ft. Lauderdale	October 12, 2008
December 13, 2008	Tallahassee; Tampa; Ft. Lauderdale	November 12, 2008

Exam: IC&RC International, IC&RC Criminal Justice, IC&RC Prevention		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
March 15, 2008	Tallahassee; Orlando; Ft. Lauderdale	February 15, 2008
June 14, 2008	Tallahassee; Tampa; Ft. Lauderdale	May 14, 2008

Exam: Behavioral Health Technician		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
January 24, 2008	Pensacola	December 21, 2007
September 12, 2008	Tallahassee; Orlando; Ft. Lauderdale	September 11, 2008
December 12, 2008	Tallahassee; Tampa; Ft. Lauderdale	October 12, 2008

Exam: CPM Oral Exam		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
March 1, 2008	Orlando	February 1, 2008

Exam: SAP		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
January 26, 2008	Tallahassee	December 21, 2007
March 15, 2008	Tallahassee; Orlando; Ft. Lauderdale	February 15, 2008
June 14, 2008	Tallahassee; Tampa; Ft. Lauderdale	May 14, 2008

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ADDITIONOLOGIST
CERTIFICATION IN FLORIDA & OTHER* STATE CERTIFICATIONS

MODULE 1: March 1-2, 2008

Comprehensive Mechanisms & Dynamics: The 5 Addictions & OCD’s

MODULE 2: April 5-6, 2008

Creation & Organizational Management of Addiction Programs

MODULE 3: May 3-4, 2008

Treatment Models, Grants, Program Development, Family Dynamics

MODULE 4: May 31-June 1, 2008

Diagnosis Strategies, Substances of Abuse

MODULE 5: June 28-29, 2008

Pediatrics, Pregnant Addicts. The Neonate, Infants, Adolescents

MODULE 6: July 26-27, 2008

Family Issues/Dynamics, CoDependency, Diagnosis/Screening/Assessment

MODULE 7: August 30-31, 2008

Counseling, Group Therapy & Relapse Prevention

MODULE 8: September 20-21, 2008

Risk Management, Ethics, Laws, Codes, Rules & Confidentiality Laws

MODULE 9: October 25-26, 2008

Dual Diagnosis, Evaluation and Treatment Strategies

MODULE 10: November 22-23, 2008

Prevention, Education and Aftercare

MODULE 11: December 13-14, 2008

Abnormal Psychology and Psychopathology

MODULES: 15 HOURS

LOCATION: ORLANDO HOTEL TBA

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MODULE 12: January 17-18, 2009

The Eating Disorders: It’s Not What You Are Eating; It’s What’s Eating You

MODULE 13: February 14-15, 2009

Nutritional Management of Acute Intoxication, Overdose & Extended Exposure

MODULE 14: March 14-15, 2009

Alternative & Complementary Modalities & Other Techniques of Treatment

MODULE 15: April 18-19, 2009

Toxicology, Testing, Screening & Assessment.

Module 16: May 16-17, 2009

Communicable Diseases & Risk Factors In Addictions & OCD’s.

MODULE 17: June 13-14, 2009

Managed Care, HMOs, Credentialing, Federal, State & County Contract Provider Placement, Third-Party Payment, Payment Contracts & Plans

MODULE 18: July 11-12, 2009

Criminal Justice Services, Professional Responsibility, Risk Management

MODULE 19: August 8-9, 2009

Administration Paradigms and Strategies

MODULE 20: September 12-13, 2009

The Medical Model & Therapeutic Community Model, Putting It All Together: Comprehensive Perspectives & Overview of All 20

Modules, Ethics and Ethical Concerns, Qualifying Examinations I & II

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FCB 2008 Training Schedule

The following schedule provides registration and administration dates for the trainings offered by the FCB for the first six months of the 2008 calendar year. Please pay particular attention to the registration cut-off dates: seats can not be guaranteed for requests placed after the published cut-off date. To register for a training event, please access our web-site at www.flcertificationboard.org or call us at 850-222-6314.

Training Course: Florida Written Specific		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
January 17-18, 2008	Pensacola	January 11, 2008
March 6-7, 2008	Tampa	February 28, 2008
May 29-30, 2008	West Palm Beach	May 22, 2008
June 10-11, 2008	Jacksonville	June 2, 2008

Training Course: Basic Orientation Training		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
January 30, 2008	Cape Coral	January 23, 2008
March 26, 2008	Jacksonville	March 19, 2008
May 21, 2008	Orlando	May 14, 2008

Training Course: Case Presentation Method		
<u>Administration Date</u>	<u>Administration Location(s)</u>	<u>Registration Cut-off Date</u>
February 9, 2008	Orlando	February 1, 2008
February 23, 2008	Tampa	February 15, 2008

CBAPF Provider, Florida Board of Social Workers, Marriage & Family Therapists, Mental Health
Counseling BAP#513, NAFC, NAADAC 000165, ICRC Provider

Some Homestudy titles; go to site for other titles

Clinical Supervision	(3hrs, 3hrs, 15hrs)	\$43.00, \$43.00, \$110.00
How to Quit Drinking without AA	(13hrs.)	\$ 98.00
Professional Ethics	(3hrs, 4hrs, 15hrs.)	\$43.00, \$53.00, \$108.00
Grief/Loss in Addiction Recovery	(3hrs. & 10 hrs.)	\$48.00 & \$83.00
Treating Sexual Addiction	(3hrs. & 14hrs.)	\$43.00, \$103.00

Some On-line titles; go to site for other titles

Motivational Interviewing	(15hrs)	\$100.00
Group Therapy Techniques	(15hrs)	\$100.00
Treating Adolescents with CD problems	(6hrs)	\$60.00
New Approaches to Relapse Prevention	(12hrs.)	\$85.00
Domestic Violence Verbal Abuse	(3hrs.)	\$40.00

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WINTER 2008	January 2, 2008	February 12, 2008
SPRING 2008	April 1, 2008	May 13, 2008
SUMMER 2008	July 1, 2008	August 12, 2008

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